Oatmeal banana muffins & fruit	Scrambled eggs & toast	Honey toast & fruit	Oatmeal with raisins	Sausage & egg sandwich with fruit	Waffles & fruit	Quiche & fruit
Yogurt & nutrigrain bar	Animal crackers & apple sauce	Yogurt & fruit	Cottage cheese & teddy grahams	Cereal bar & fruit	Crackers & cheese	Made good & fruit
Chicken, rice, broccoli & shredded cheese	Grilled ham and cheese & veggies	Broccoli soup & naan bread	Chili, pasta & veggies	Fish & chips with veggies	Bean & cheese quesadillas with veggies	BLT wrap with soup
Veggies & hummus	Pretzels & apples	Granola bar & raisins	Cookie & fruit	Apples & cheese	Yogurt & fruit leather	Chips, salsa & veggie sticks